

ADD and ADHD

April 2011

This pathfinder will be useful in helping parents find information about ADD and ADHD behaviors and treatments.

For an introduction to the topic, see:

- National Resource Center on AD/HD
<http://www.help4adhd.org>

Key Resources at a Glance:

- [*The ADD/ADHD Checklist*, by Sandra F. Rief](#) (2008)
The book follows a simple, concise, easy-to-read checklist format and is filled with valuable information and helpful advice. With this book you can provide the interventions, appropriate strategies, encouragement and support necessary to help children with attention problems succeed. (618.9285 RIE)

Resources

Books

- [*The Truth about ADHD and other Neurobiological Disorders*, by Karen Meyers](#), 2010 (618.9285 MEY)
- [*Overcoming ADHD: Helping Your Child Become Calm*, by Stanley I. Greenspan](#), 2009 (618.9285 GRE)
- [*Making the System Work for Your Child with ADHD*, by Peter S. Jensen](#), 2004 (618.92 JEN)
- [*The Kid-Friendly ADHD & Autism Cookbook*, by Pamela J. Compart](#), 2009 (641.5631 COM)
- [*The autism & ADHD Diet: a Step-by-Setp Guide to Hope and Healing*, by Barrie Silberberg](#), 2009 (618.9285 SIL)
- [*ADHD*, by Paul Graves Hammerness](#), 2009 (618.9285 HAM)
- [*ADD/ADHD Drug Free: Natural Alternatives and Practical Exercises to Help Your Child Focus*, by Frank Jacobelli](#), 2008 (618.9285 JAC)
- [*ADHD – Living without Brakes*, by Martin L. Kutscher](#), 2008 (618.9285 KUT)

Search Aids

Search Terms

(Use for computer searches)

- ADD
- ADHD
- Attention Deficit Disorder
- Attention Deficit Hyperactivity Disorder
- Hyperactive

Subject Headings

(Use in card catalogs and print indexes)

- ADD
- ADHD
- Attention Deficit Disorder
- Attention Deficit Hyperactivity Disorder
- Hyperactive

Call Number

- 616.8589 (Dewey Decimal)
- 618.92 (Dewey Decimal)
- 618.928589 (Dewey Decimal)

Indexes and Abstracts

- EBSCOHost
<http://search.ebscohost.com>
- First Search
<http://firstsearch.oclc.org>

Library catalogs

- Urbandale Public Library
<http://www.urbandalelibrary.org>
- SILO – (Iowa Locator) – State-wide catalog
<http://z3950.silo.lib.ia.us/cgi-bin/zform.CGI?SILO>
- WorldCat - world-wide catalog
<http://worldcat.org>

Magazine Articles

- *The Lure of an ADHD Treatment Minus the Meds.* U.S. News & World Report (Dec. 2009, Vol. 146, Issue 11) Available through [EBSCOhost](#)
- *The Scoop on ADHD* Current Health (Dec. 2009, Vol. 33, Issue 4) Available through [EBSCOhost](#)
- *The Kids Behind the Label Understanding ADHD.* Education Digest (Nov. 2010, Vol. 76, Issue 3) Available through [EBSCOhost](#)

Web Pages and Web Portals

- ADDA (Attention Deficit Disorder Association)
<http://www.add.org/>
- ADHD News
<http://www.adhdnews.com/>
- Department of Health and Human Services
<http://www.cdc.gov/ncbddd/adhd/>
- Kids Health for Parents
<http://www.kidshealth.org/parent/emotions/behavior/adhd.html>

Organizations

- CHADD (Children and Adults with Attention-Deficit/Hyperactivity Disorder)
<http://www.chadd.org>
- The Feingold Association, a nonprofit organization of families, educators and health professionals.
<http://www.feingold.org/index.php>

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