

Diabetes

May 2013

This pathfinder will be useful in finding information about diabetes.

Key Resources at a Glance:

- [*50 Things You Need to Know About Diabetes: Expert Tips for Taking Control*](#) by Kathleen Stanley (2009) (616.462 STA)
- [*10 Steps to Better Living with Diabetes*](#) by Ginger Kanzer-Lewis (2007) (616.462 KAN)
- American Diabetes Association Website
<http://www.diabetes.org>

Resources

Books

- [*The Complete Idiot's Guide to Managing Diabetes: Fast-Track*](#) by Joan Clark-Warner (2013) (616.462 CLA)
- [*The End of Diabetes: The Eat to Live Plan to Prevent and Reverse Diabetes*](#) by Joel Fuhrman, M.D. (2013) (616.462 FUH)
- [*The Everything Guide to Managing Type 2 Diabetes: From Diagnosis to Diet, All You Need to Live a Healthy, Active Life With Type 2 Diabetes*](#) by Paula Ford-Martin and Jason C. Baker (2013) (616.462 FOR)
- [*The Diabetes Manifesto: Take Charge of Your Life*](#) by Lynn Crowe and Julie Stachowiak (2011) (616.462 CRO)
- [*Dr. Bernstein's Diabetes Solution: The Complete Guide to Achieving Normal Blood Sugars*](#) by Richard K. Bernstein (2011) (616.462 BER)
- [*Think Like a Pancreas: A Practical Guide to Managing Diabetes With Insulin*](#) by Gary Scheiner (2011) (616.462 SCH)
- [*Diabetes 911: How to Handle Everyday Emergencies*](#) by Larry A. Fox and Sandra L. Weber (2009) (616.462 FOX)
- [*Real Life Guide to Diabetes: What You Need to Know*](#) by Hope S. Warshaw and Joy Pape (2009) (616.462 WAR)
- [*Type 2 Diabetes: Your Healthy Living Guide: Tips, Techniques, and Practical Advice for Living Well With Diabetes*](#) by the American Diabetes Association (2009) (616.462 TYP)
- [*Type 1 Diabetes for Dummies*](#) by Alan L. Rubin (2008) (616.462 RUB)

Search Aids

Search Terms

(Use for computer searches)

- diabetes
- diabetes complications

Call Number

- 616.462 (Dewey Decimal)
- 641.56315 (Dewey Decimal)

Indexes and Abstracts

- EBSCOhost
<http://search.ebscohost.com>
- First Search
<http://firstsearch.oclc.org>

Library catalogs

- Urbandale Public Library
<http://www.urbandalelibrary.org>
- SILO (Iowa Locator) State-wide catalog
<http://z3950.silo.lib.ia.us/cgi-bin/zform.CGI?SILO>
- World Cat - world-wide catalog
<http://worldcat.org>

Journals

- [Diabetes Forecast](#)
- [Diabetic Living](#)
- [Health](#)

Magazine Articles

- “Prevention Presents: Let’s Outsmart Diabetes,” *Prevention* (January 2013). Available through [EBSCOhost](#) or [Prevention](#).
- “We Beat Diabetes—With Food,” *Prevention* (November 2012). Available through [EBSCOhost](#) or [Prevention](#).
- “Blood Sugar Battles: How to Prevent, Treat, and Even Cure Type 2 Diabetes,” *Better Nutrition* (November 2011). Available through [EBSCOhost](#).

Multimedia Resources

- [The Everything Guide to Managing and Reversing Pre-Diabetes \[downloadable ebook\]: Your Complete Plan for Preventing the Onset of Diabetes](#) by Gretchen Scalpi (2011). Available through [Wilbor](#).
- [Your First Year with Diabetes \[downloadable ebook\]: What to Do, Month by Month](#) by Theresa Garner (2008). Available through [Wilbor](#).

Web Pages

- American Diabetes Association
<http://www.diabetes.org>
- Mayo Clinic, “Diabetes”
<http://www.mayoclinic.com/health/diabetes/DS01121>
- MedlinePlus, “Diabetes”
<http://www.nlm.nih.gov/medlineplus/diabetes.html>
- U.S. Department of Health and Human Services: National Institute of Diabetes and Digestive and Kidney Diseases
<http://www2.niddk.nih.gov/>

Sub Topics

- Diabetic cooking (641.563)
- Diabetes in children (618.92)

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