



Pregnancy

May 2011

This pathfinder will be useful in finding information about pregnancy.

For an introduction to the topic, see:

- [*What to Expect When You're Expecting*](#), by Heidi Eisenberg Murkoff. (618.24 MUR)
This book is recommended by many doctors whether it is your first pregnancy or second, or third. It is very comprehensive on basic symptoms, feelings, etc.

Key Resources at a Glance:

- [*Your Pregnancy Week by Week*](#), by Dr. Glade B. Curtis, OB/GYN and Judith Schuler, M. S., 2008 (618.24 CUR)
Great resource for specific symptoms and feelings you experience day to day.

Reference Background

- [*Mayo Clinic Guide to Healthy Pregnancy*](#), by Roger W. Harms, editor in chief, 2004 (618.24 MAY)

Resources

Books

- [*You Having a Baby: the Owners Manual to a Happy and Healthy Pregnancy*](#), by Michael F. Roizen, 2009 (618.2 ROZ)
- [*Belly Laughs: The Naked Truth About Pregnancy & Childbirth*](#), by Jenny McCarthy, 2004 (618.2 MCC)
- [*Expect the Best: Your Guide to Healthy Eating Before, During and After Pregnancy*](#), by Elizabeth M. Ward, 2009 (618.242 WAR)
- [*Pregnancy Day by Day: an Illustrated Daily Count Down to Motherhood from Conception to Childbirth and Beyond*](#) by Paula Amato, 2009 (618.2 AMA)
- [*Stress Free Pregnancy Guide: a Doctor Tells You What to Really Expect*](#) by Carol Livoti, 2009 (618.4 LIV)
- [*The Whole Pregnancy Handbook*](#) by Joel M. Evans, 2005 (618.2 EVA)
- [*Your Perfectly Pampered Pregnancy*](#) by Colette Bouchez, 2005 (618.2 BOU)
- [*You and Your Baby Pregnancy: the Ultimate Week-by-Week Pregnancy Guide*](#) by Laura Riley, 2006 (618.2 RIL)

Search Aids

Search Terms

(Use for computer searches)

- Pregnancy
- Pregnant

Subject Headings

(Use in card catalogs and print indexes)

- Pregnancy
- Pregnant women

Call Number

- 618.2 (Dewey Decimal)

Indexes and Abstracts

- EBSCOhost
<http://search.ebscohost.com>
- First Search
<http://firstsearch.oclc.org>

Library catalogs

- Urbandale Public Library
<http://www.urbandalelibrary.org>
- SILO - (Iowa Locator) State-wide catalog
<http://z3950.silo.lib.ia.us/cgi-bin/zform.CGI?SILO>
- World Cat - World-wide Catalog
<http://worldcat.org>

Journals

- [*Parents*](#)
- [*Parenting*](#)

Web Pages and Web Portals

- Women's Health.gov
<http://www.womenshealth.gov>
- MedlinePlus
<http://www.nlm.nih.gov/medlineplus/pregnancy.html>
- Pregnancy and Parenting, iVillage.com
<http://parenting.ivillage.com>
- Babycenter.com
<http://www.babycenter.com>

** You can evaluate other resources using criteria at:
<http://www.THEpathfinderproject.org/evaluate.html> **

This pathfinder has been provided to you by Urbandale Public Library (<http://www.urbandalelibrary.org>)
and THE Pathfinder Project.

Production funded in part by Library Services and Technology Act funds administered by the State Library of Iowa.

THE Pathfinder Project ~ <http://www.THEpathfinderproject.org>